



**Company/Idea name: SMARTdo OÜ | healBED**

**Field:** HealthTech | Vibroacoustic Therapy Devices

**Short description:** We are a producer of innovative healBED vibroacoustic therapy devices located in Estonia, Haapsalu, working in cooperation of Tallinn University | TERE KK (TU Haapsalu College).

-healBED | science based vibro- and music therapy for anti-stress treatment and full body wellbeing.

-Vibroacoustic therapy is a method of treatment that employs low frequency sounds (30-120 Hz) in combination with calming and relaxing music or nature sound-scapes.

Vibro-acoustic therapy is found to help with:

Adults:

- pain management
- reducing muscle tension and spasms
- easing difficulties in breathing
- lowering elevated blood pressure
- reducing menopausal symptoms
- Alzheimer's disease
- reducing overall fatigue and exhaustion
- soothing psychosomatic complaints
- different headaches, vertigo
- tinnitus
- treatment of various psychological disorders (depression, anxiety disorders, sleeping disorders, selfharming behaviour, autism)
- overall deep relaxation

Children

- tension headaches
- stammering
- tics
- enuresis
- encopresis
- treatment of various psychological disorders (depression, anxiety disorders, sleeping disorders, selfharming behaviour, autism)
- overall deep relaxation

**Cooperation interests:** Fitness Clubs, Wellness Centres, Health Centres, Physical Therapy Centres, Hotels, Corporates, Spas and Medical Spas, Day Spas, Home Spas, Passenger Hubs, Schools, Kindergartens

**Webpage:** [www.healbed.com](http://www.healbed.com)